



**MAY 27TH, 2015**

# **YOUTH MENTAL HEALTH FIRST AID**

## **What is Youth Mental Health First Aid?**

Youth Mental Health First Aid is an evidence-based training course designed to give members of the public key skills to help an adolescent who is developing a mental health problem or experiencing a mental health crisis.

The 8-hour course covers a range of common disorders and potential crises such as helping a young person who is having a panic attack, contemplating suicide or struggling with substance abuse.

## **Who should take a Youth Mental Health First Aid course?**

This course is designed for adults who work with or are around youth ages 12-18 on a regular basis including (but not limited to): teachers, coaches, juvenile probation officers, youth program and school staff, health and human service providers and more.

Wednesday  
May 27th, 2015

8:30am-4:30pm

Greenfield  
Community College

One College Drive  
Greenfield, MA  
Room North 217

Lunch provided by  
the Opioid Task Force

To register for this  
FREE training:

**CLICK HERE**

or email

[marisa@opioidtaskforce.org](mailto:marisa@opioidtaskforce.org)

for registration link

(registration is limited...sign up early!)

This training is provided by  
Behavioral Health Network  
[bhninc.org](http://bhninc.org)

Proudly supported through the  
collaborative efforts of the:

Opioid Task Force

Communities that Care Coalition

North Quabbin Community Coalition

Greenfield Safe Streets Safe Schools Coalition

Gill Montague Community School Partnership

